

TPNH2 Group

# INTRODUCTION TO PEDIATRIC NUTRITION

Workshop Series - Nurses Edition

## SAVE THE DATE

10, 11, 12 March 2023  
Istanbul, Turkey

### UEMS Accreditation

Scientific program will be announced soon  
hosting Pioneers from the Pediatric Field



Official Conference Language: **English**  
Live **Arabic** Explanation Is Guaranteed



# Welcome Message

Dear Colleagues and Friends, after the massive success of our meetings and workshops in the last years, as per your feedback, we will restart in 2023, with more hot topics, exciting programs, latest research and new destinations.

On behalf of the meeting board, speakers and organizers, we welcome you all, from the four corners of the Arab world, The Greater Maghreb, The Fertile Crescent, and The Arabian Peninsula, to this most interactive, scientific, educational and social meeting 2023.

A Consortium of Regional experts in the field of pediatrics, orchestrating some studies, clinical cases, recent guidelines, practical hints, on the board of the most romantic river in the world the Bosphorus, don't miss this Symphonie of science, color and sounds.

TPNH2Group

# Course Objectives

- ▶ Learn, Analyze and Investigate the recent and upcoming trends.
- ▶ Meet Regional Experts and discuss with them there and your points of view.
- ▶ Gain innovative ideas for your daily practice and your future challenges.
- ▶ Acquire new skills, widen your knowledge, and why not know more!
- ▶ Collaborate with your colleagues from all around the region, to expand your networking to the max.
- ▶ Earn European CME credits.
- ▶ Share your experience and your opinion in a friendly atmosphere.
- ▶ And much much more are waiting for you.

# The Board



**Prof. Metehan Özen** 

Graduating from Marmara University completed his “ Pediatric Infectious Diseases” specialization training at Hacettepe University. Has over than 100 scientific publications



**Prof. Mohamed Elmesserey** 

Professor of Pediatrics Alexandria University  
Head of Pediatric and Neonatology dpt,  
Salma Children Hospital Abu Dhabi



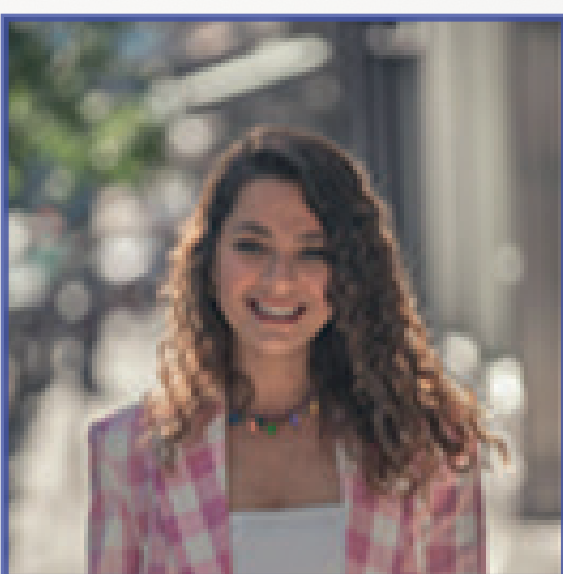
**Dr. Said El Deib** 

Clinical Researcher  
Peer Reviewer in Neonatal Nutrition  
Consultant Pediatrics & Neionatologist YAS  
Clinic Abu Dhabi UAE



**Dr. Murielle Abou Samra** 

Certified Pediatric Respirologist & ICU  
Intensivist Canadian - American Board  
Specialty certificate from the Royal College  
of physicians and Surgeons McMaster University



**Dr. Lama Alameddine** 

MD Pediatric Lebanese American University  
Pediatric Critical Care Fellowship- McGill University  
Advanced Fellowship in Pediatric Critical Care- McGill University  
Pediatric Advanced Life Support Instructor




**Dr. Hadi Haddad** 


Pediatrician Lebanese University 2006  
Pediatric Nutrition in 2009, Cappadocia University  
Pediatric Allergy in 2013, Milan University

# The Team




**Dr. David Amaneddine**   
Head of Pediatrics  
Suleiman El Habib Hospital  
UAE



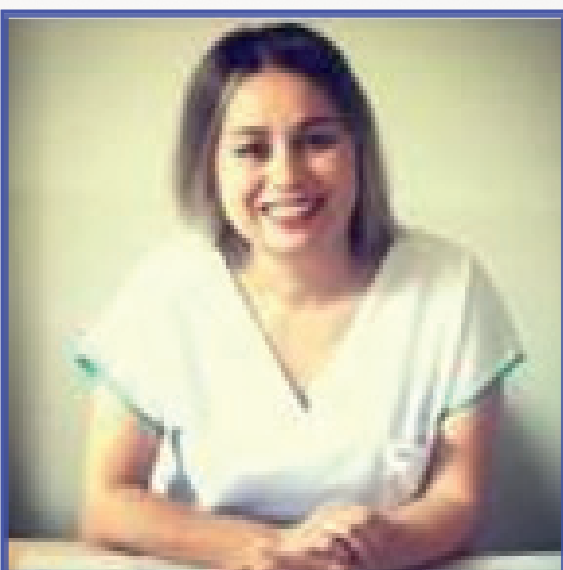
**Dr. Wassim Bitar**   
Consultant Pediatrics  
Bellevue Medical Center  
Lebanon




**Dr. Amr I. Hawal**   
Consultant Pediatrics  
Speaker, Trainer & Coach  
Sharjjah University



**Dr. Sila Yilmaz**   
Pediatric Gastroenterologist  
Memorial Atasehir  
Hastanesi



**Dr. Ebru Temizsoy**   
President at National Association  
of Neonatal Nurses  
Istanbul



**Dr. Gozde Ercan**   
General Pediatrician  
University of Health Science

# Friday, March 10

## INBORN ERRORS OF METABOLISM

9:00 – 9:30	Newborn Screening	<i>Prof. M Ozen</i>
9:30 – 10:00	Human Glycosylation Disorder	<i>Prof. M Elmesserey</i>
10:00 – 10:30	Fatty Acids Metabolism and Defects	<i>Dr. A Hawal</i>
10:30 – 11:00	Coffee Break	

## NEONATAL NUTRITION

11:00 – 11:30	Newborn First Golden Hours	<i>Dr. H Haddad</i>
11:30 – 12:00	Bio actives in Human Milk	<i>Prof. M Ozen</i>
12:00 – 12:30	Pediatric Parenteral Nutrition Considerations	<i>Dr. D Ammanedine</i>
12:30 – 1:00	Desirable Preterm Infant Growth Patterns	<i>Dr. W Bittar</i>
1:00 – 2:00	Lunch Break	

## ENVIRONMENT AND GROWTH

2:00 – 2:30	Gluten Sensitivity Trends!	<i>Dr. S Yilmaz</i>
2:30 – 3:00	Vegan, Vegetarian and Normal Growth	<i>Dr. E Temizsoy</i>
3:00 – 3:30	Babies Smell and Taste Development	<i>Prof. M Elmesserey</i>
3:30 – 4:00	Coffee Break	

# Saturday, March 11

## FUNCTIONAL GI DISORDERS

9:00 – 9:30	Gastro Esophageal Reflux Updates	<i>Prof. M Ozen</i>
9:30 – 10:00	Prevalence of FGID'S In Infants	<i>Dr. Said El Deib</i>
10:00 – 10:30	Probiotics and FGID'S	<i>Dr. D Ammanedine</i>
10:30 – 11:00	Coffee Break	

## COW'S MILK PROTEIN ALLERGY

11:00 – 11:30	CMPA Updates	<i>Prof. M Elmesserey</i>
11:30 – 12:00	CMPA and Coeliac Dis!!	<i>Dr. H Haddad</i>
12:00 – 12:30	Breast feeding and CMPA	<i>Dr. G Ercan</i>
12:30 – 1:00	Medical Lab Tests: Does it Help in Diagnosis?	<i>Dr. A Hawal</i>
1:00 – 2:00	Lunch Break	

## SURGICAL ABDOMEN

2:00 – 2:30	Appendicitis: Medical or Surgical Treatment	<i>Dr. S Yilmaz</i>
2:30 – 3:00	Undescended Testis: When to operate	<i>Dr. L Aalameldinne</i>
3:00 – 3:30	Clinical or Radiological Diagnostic?	<i>Dr. E Temizsoy</i>
3:30 – 4:00	Coffee Break	

# Sunday, March 12

## VACCINES CALENDAR UPDATES

9:00 – 9:30	AAP 2023 Vaccines Calendar	<i>Dr. Said El Deib</i>
9:30 – 10:00	HPV Vaccine: to do or not to do	<i>Dr. G Ercan</i>
10:00 – 10:30	Update on Pneumococcal Vaccines	<i>Dr. H Haddad</i>
10:30 – 11:00	Coffee Break	

## ENDOCRINOLOGY

11:00 – 11:30	Growth Sharts, usage and perspective.	<i>Dr. H Haddad</i>
11:30 – 12:00	Short Stature, Causes and Management.	<i>Dr. W Bittar</i>
12:00 – 12:30	Thyroiditis: Immunologic or Not	<i>Dr. A Hawal</i>
12:30 – 1:00	Early Puberty: When to treat?	<i>Dr. L Aalameldinne</i>
1:00 – 2:00	Lunch Break	

## OBESITY AND MICROBIOME

2:00 – 2:30	Fodmap Diet	<i>Dr. W Bittar</i>
2:30 – 3:00	Microbiome and Genetics	<i>Dr. Said El Deib</i>
3:00 – 3:30	Pre-Pro and Symbiotics	<i>Dr. S Yilmaz</i>
3:30 – 4:00	Coffee Break	



# Registration

## 550 USD PER ATTENDEE

Group registration is available

Please send your Inquiry to:

**[info@tpnh2group.net](mailto:info@tpnh2group.net)**

**[tpnh2group@gmail.com](mailto:tpnh2group@gmail.com)**

All meeting participants will benefit from:

- ▶ Access to all scientific sessions.
- ▶ Access to coffee and lunch breaks as indicated in the program.
- ▶ Session material that can be sent by email upon request.
- ▶ Certificate of Attendance, with CME Credits.

